



TOYOHARI - JAPANESE NEEDLE THERAPY

AN EIGHT-WEEKEND, TWENTY-DAY POSTGRADUATE PROGRAMME

Instructors: Stephen Birch, Junko Ida, Marian Fixler, Sue Pready, Joke Bik-Nowee, Miguel Cabrer, Anja Stiehl, Neil Scott-Kiddie, Ramin Khaknegar-Moghaddam.

Toyohari is a form of Keiraku Chiryō - Japanese Meridian Therapy. It is a theoretically simple but technically sophisticated complete system of acupuncture. It is different from most other forms of acupuncture in that it uses a more delicate treatment method, placing great emphasis on the use of pulse diagnosis and palpation skills. The practitioner learns to understand through direct sensing of qi in diagnosis and treatment with continuous assessment of all techniques. The Toyohari Association has developed quite unique training and teaching methods that can accelerate the learning of these skills which usually take many years of practice to develop. Many who have studied the Toyohari style of acupuncture have reported that it is more like what they thought they were going to be studying in acupuncture school.

The Toyohari Association was founded in 1959, evolving out of earlier developments in Meridian Therapy in the 1930s and 1940s. The Toyohari Association began as an Association devoted to Japanese Meridian Therapy for blind students and practitioners. Today it includes both sighted and blind practitioners. Many of the senior instructors in the Association are blind and have considerable clinical experience. Toyohari is taught in Japan as a post-graduate training of 20 days over two years. Instruction in Japan is given through the highly organised, academic, and hands-on clinical training methods of the senior members of the Association, utilising the "Kozato study method". The European Branch, the EBTA has developed a training programme that follows the Tokyo based programme. The late past President of the Association, Kodo Fukushima authored a book available in English translation: "Meridian Therapy", which is required reading for this programme. The book along with some supplies are included in the cost of the programme.

Graduation from this 120-hour programme entitles the graduate to join the Toyohari Association through the Toyohari United Kingdom (TUK) branch and become a registered Toyohari practitioner. At present there are seven branches, Dutch, UK, German, Swiss, Spanish, Portuguese and Israeli. The principal purposes of the branches are to foster and improve clinical skills by providing ongoing study opportunities both in Branch study groups and study sessions with senior instructors in Japan and Europe. The European Branch of the Toyohari Association has been established to provide the structure for these educational opportunities. Graduates will receive a certificate signed by the EBTA and the Tokyo headquarters of the Association, and then be able to join the Toyohari Association through one of the EBTA branches.

Registered address:

Lumaneri House, Blythe Gate, Blythe
Valley Park, Solihull, B90 8AH

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Principle amongst the techniques used in the Toyohari system are:

- **Diagnosis:** focusing especially on pulse diagnosis and touch diagnosis.
- **Treatment:** very delicate supplementation technique; various draining techniques; harmonising technique (waho); "contact" needling techniques (sanshin); warming moxa (chinetsukyu), direct moxa (okyu), cupping (kyukaku), bloodletting (shiraku), specialised treatment of the neck and inguinal regions to relieve symptoms (naso & muno), specialised use of the extraordinary vessels (kikei), specialised use of midday-midnight method (shigo).

Graduates will improve their pulse and tactile diagnostic and assessment skills.

Graduates will also develop a greater sense of qi sensitivity through applying the needling techniques of the Association.

Graduates will learn a range of methods specifically aimed at relieving symptoms.

Graduates will be able to join ongoing study groups through joining the Toyohari Association.

This will be the third Toyohari programme to be taught in the UK. To date more than twenty international programmes have been taught in Europe. This programme will be taught in Reading by up to ten teachers; these include the two most senior teachers outside Japan: Stephen Birch and Junko Ida, seven other teachers, four of whom are UK based: Marian Fixler, Sue Pready, Joke Bik-Nowee, Miguel Cabrera Mir, Odile Marmier, Anja Stiehl, Neil Scott-Kiddie and Ramin Khaknegar-Moghaddam. All have done extensive studies, also with Japanese teachers in Japan and Europe.

Acupuncture is often taught in more theoretical-lecture classes, this programme is very hands-on in its teaching approach. For each day of class there is a high student-teacher ratio with a minimum of two instructors complemented by other Toyohari members as assistants to help supervise the practical training. 60% of the programme will involve hands-on practice of the various methods and techniques.

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**The programme will be taught in Reading at the
College of Integrated Chinese Medicine (CICM), 19 Castle Street, Reading, Berkshire, RG17SB.**

The dates, and times for this 2022 eight-weekend programme are:

2022: October 21-23, November 25-27

2023: January 14-15, February 11-12, March 17-19, April 22-23, May 19-21, June 17-18

To ensure maximum hands-on training, the number of participants will be limited to 24. We expect the programme to fill quickly, so it is advised not to delay application, as applications will be taken on a first-come-first-served basis. You must have completed a training programme in acupuncture.

There are three payment options for the programme so that total cost depends on what payment plan you choose, to a total of from £2,100 to £2,400.

- A non-refundable deposit of £200 to secure a place on the programme, with a balance of £1,900 to be paid by 31st July 2022.

Total cost **£2,100.**

- A non-refundable deposit of £200 to secure a place on the programme, with a further non-refundable payment of £200 by 31st July and the remaining balance of £1,800 to be paid by 1st October 2022.

Total cost **£2,200.**

- A non-refundable deposit of £200 to secure a place on the programme, with a further non-refundable payment of £400 by 31st July and the remaining balance of £1,800 to be paid in 9 equal instalments of £200, commencing 1st October 2022 and ending 1st June 2023.

Total cost **£2,400.**

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To secure your place on the programme please email your completed application form to Neil
AND transfer a non-refundable deposit of £200 into our account.

Once the application form and deposit have been received you will receive a letter confirming your place on the programme with instructions on payment of the remaining amount according to the payment plan you selected.

For further information please contact Neil Scott-Kiddie at:

T: 0141 616 0919 M: 07773331807

Email: toyohari2022@gmail.com

Website: www.toyohari.org.uk

Please copy and complete the registration form below and send it to the following address:

Neil Scott-Kiddie, 8 Kintyre Crescent, Newton Mearns, Glasgow, G776SR

OR email: toyohari2022@gmail.com

Payment information

Please state your name with the payment. You should pay any bank transfer costs.

Payment name: European Branch of the Toyohari Association

Bank address: The Co-Operative Bank 9, Prescott Street, P.O. Box 2069, London E1 8SF

Sort code: 08-92-99

Bank Account number: 65387328

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I would like to register for the Toyohari programme:

Name:

Street Address:

Postcode, City & Country:

Phone number:

e-mail:

Years as acupuncturist:

I am (circle) an: acupuncturist doctor student other

I have studied acupuncture for _ hours over a period of _ years.

My training was at the schools_

I received information on this programme through:

mail

introductory workshop

other

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FOR METHOD OF PAYMENT CHOOSE ONE OF THE FOLLOWING:

I will pay the £200 deposit now and will pay £1,900 by 1st October 2022. **(TOTAL £2,100)**

I will pay the £200 deposit now and will pay £200 by 31st July 2022, and the remaining amount of £1,800 1st October 2022. **(TOTAL £2,200)**

I will pay the £200 deposit now and will pay £400 by 31st July 2022, and then pay 9 equal installments of £200, commencing 1st October 2022 and ending 1st June 2023. **(TOTAL £2,400)**

If accepted into the programme, I agree to pay according to the schedule I have selected.

Signature

Date

Place

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