

**The European Branch of the Toyohari Association is pleased  
to announce the twenty-third International Toyohari training program in Amsterdam**

***TOYOHARI - JAPANESE NEEDLE THERAPY  
AN EIGHT-MONTH, TWENTY-DAY POSTGRADUATE PROGRAM***

***Instructors Stephen Birch, Junko Ida, Joke Bik-Nowee, Marian Fixler, Sue Pready, Anja Stiehle, Miguel Angel Cabrer Mir, Neil Scott-Kiddie, Ramin Khaknegar-Moghaddam***

Toyohari is a form of *Keiraku Chiryō* - Japanese Meridian Therapy. It is a theoretically simple but technically sophisticated complete system of acupuncture. It is different from most other forms of acupuncture in that it uses a more delicate treatment method, placing greater emphasis on the use of pulse diagnosis and palpation skills. The Toyohari Association has developed quite unique training and teaching methods that can accelerate the learning of skills that usually take many years of practice to develop. Many who have studied the Toyohari style of acupuncture have reported that it is more like what they thought they were going to be studying in acupuncture school.

The Toyohari Association was founded in 1959, evolving out of earlier developments in Meridian Therapy in the 1930s and 1940s. The Toyohari Association began as an Association devoted to Japanese Meridian Therapy for blind students and practitioners. Today it includes both sighted and blind practitioners. Many of the senior instructors in the Association are blind, and have considerable clinical experience. Toyohari is taught in Japan as a post-graduate training of 20 days over two years. Instruction in Japan is given through the highly organized, academic and hands-on clinical training methods of the senior members of the Association, utilizing the "Kozato-study method". The European Branch of the Toyohari Association ("EBTA" for short) has developed a training program that follows the Tokyo based program. The late past President of the Association, Kodo Fukushima, wrote a book available in English translation: "Meridian Therapy", which is required reading for this program. The book along with various supplies are included in the cost of the program.

Graduation from this 120-hour program entitles the graduate to join the Toyohari Association through one of its European branches and become a registered Toyohari practitioner. At present there are seven branches: Dutch, British, German, Swiss, Spanish, Portuguese and Israeli, with members in nine other countries. The principle purpose of the branches is to foster and improve clinical skills by providing ongoing study opportunities both in Branch study groups and study sessions with senior instructors in Japan and Europe. The European Branch of the Toyohari Association (EBTA) has been established to provide the structure for these educational opportunities. Graduates will receive a certificate signed by the EBTA and the Tokyo headquarters of the Association, and then be able to join the Toyohari Association through one of the EBTA branches.

Principle amongst the techniques used in the Toyohari system are:

- *Diagnosis*: focusing especially on pulse diagnosis and touch diagnosis;
- *Treatment*: very delicate supplementation technique; various draining techniques; harmonizing technique (*waho*); "contact" needling techniques (*sanshin*); warming moxa (*chinetsukyu*), direct moxa (*okyu*), cupping (*kyukaku*), bloodletting (*shiraku*), specialized treatment of the neck and inguinal regions to relieve symptoms (*naso & muno*), specialized use of the extraordinary vessels (*kikei*), specialized use of midday-midnight method (*shigo*).
- Graduates will considerably improve their pulse and tactile diagnostic and assessment skills.
- Graduates will also develop a greater sense of qi sensitivity through applying the needling techniques of the Association.
- Graduates will learn a range of methods specifically aimed at relieving symptoms.
- Graduates will be able to participate in ongoing study groups through joining the Toyohari Association.

This international Toyohari program will be taught in Amsterdam, and is the twenty-third such program in Europe. It will be taught by two founding EBTA instructors and seven other instructors, also assisted by graduates from previous programs. The founding instructors are: Stephen Birch (Academic Dean of the EBTA and first recipient of the Kodo Fukushima Prize), and Junko Ida (President of the EBTA, past-president of the first US branches and recipient of the Kozato prize.) Both have studied extensively in Japan, Europe and the US. The other instructors are Joke Bik-Nowee, Marian Fixler, Sue Pready, Miguel Cabrer Mir, Anja Stiehle, Neil Scott-Kiddie and Ramin Khaknegar-Moghaddam who have all studied extensively in Europe and Japan.

The program will be taught in English. For each day of class there will be a minimum of two instructors to supervise the practical training, helped by recent graduates as teaching assistants. Over 60% of the program will involve hands-on practice of the various methods and techniques.

The dates, and hours for this Amsterdam based seven-weekend program are:

**2022:** *October 14-16* (3 days / 18 hours); *November 11-13* (3 days / 18 hours)

**2023:** *January 7-8* (2 days / 12 hours); *February 11-12* ( 2 days / 12 hours);

*March 17-19* (3 days / 18 hours); *April 15-16* (2 days / 12 hours);

*May 12-14* (3 days / 18 hours); *June 10-11* (2 days / 12 hours)

To ensure maximum hands-on training, the number of participants will be limited to 21. We expect the program to fill quickly, so it is advised not to delay application, as applications will be taken on a first-come-first-served basis. You must have completed a training program in acupuncture.

**Program costs (including supplies and written materials): 2,400 euros if you choose to pay in instalments or 2200 euros if you pay in full by July 1, 2022.**

**To apply and register for the program please fill out and send in the application form, AND pay by bank transfer a non-refundable deposit of 300 euros.**

Once the application form and deposit have been received, you will receive a letter confirming your place in the program.

Please complete the registration form below electronically and send it to [junkoida1@aim.com](mailto:junkoida1@aim.com) or to the following address:

Junko Ida, Toyohari Training Program, W.G. Plein 330, 1054 SG Amsterdam, the Netherlands.

### **Payment information**

Please state your name with the payment. You should pay any bank transfer costs.

Bank: Apobank

please pay to:

Toyohari Association Deutschland e.V.

IBAN DE78 3006 0601 0107 7501 37

BIC DAAEDEDXXX

If paying from the UK it is possible to pay directly into a sterling account (please ask for this).

**EUROPEAN BRANCH OF THE TOYOHARI ASSOCIATION**

Lumaneri House, Blythe Gate, Blythe Valley Park, Solihull B90 8AH, UK

If you have questions about this program, please email [junkoida1@aim.com](mailto:junkoida1@aim.com) or call 00 31 (0)20 689 5145. If you have to leave a message you will be called back.

Please type to complete and send to [junkoida1@aim.com](mailto:junkoida1@aim.com)  
or mail to: Junko Ida, Toyohari Training Program, W.G. Plein 330, 1054 SG Amsterdam, the Netherlands.

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I would like to register for the Toyohari program

Name:

Street Address:

Postcode, City & Country:

Phone number:

Fax number:

e-mail:

# years as acupuncturist:

I am an:          acupuncturist ( )          doctor ( )          student ( )          other ( )

I have studied acupuncture for \_\_\_\_\_ hours over a period of \_\_\_\_\_ years. My training was at the  
\_\_\_\_\_ School in \_\_\_\_\_.

I received information on this program through:    mail ( )    introductory workshop ( )    other ( )

FOR METHOD OF PAYMENT CHOOSE ONE

[ ] I will pay the 300 euro deposit now and will pay in full by July 1, 2022

[ ] I will pay the 300 euro deposit now and pay 300 per month by direct debit automatic payment bank transfer at the following times:  
in 2022: September 1, October 1, November 1, December 1,  
in 2023: January 1, February 1, March 1

Signature\_

Date

Place

Toyohari is a registered trademark (international classification 9/16/41/42) for the members of the Toyohari Association